



## **Communication Cardio**

### **Your Leadership MVP**

**Your ability to communicate has a direct relationship to your team's success. In today's multi-platform, technology driven world, there is one thing that will set you apart...  
effective communication skills.**

Today's world is up for grabs, the floor is shifting underneath our feet and many are struggling to feel safe, let alone confident. In this time of uncertainty, it is **your voice** that is needed. As a Leader, your ability to share a positive vision that inspires confident action will directly impact your team's success. They are counting on you to help them understand how to succeed in a new environment. Whether you are running online meetings with large teams, speaking in front of small or large groups, or having one on one conversations, the message you give to your team is critical to the success they will experience going forward.

**Your Leadership MVP will have an immediate impact you're your skills and your outcomes. This 6-week program will give you the fundamental skills you need to communicate with clarity, confidence, courage, and integrity.**

- ✓ Guided practice, videotaping, and testing sessions to hone your skills
- ✓ Daily workouts will keep you on track and get maximum results
- ✓ 10-12 members in each group
- ✓ Weekly face-to-face meetings online
- ✓ Support and accountability from peers and your TCG Coach
- ✓ Your own personal video "Locker Room" to track your progress
- ✓ Total time investment of 9 hours for the entire program
- ✓ Micro learning and micro practice will fit into **any** schedule

**This dynamic program will give you the ability to:**

- Communicate your vision with clarity, confidence, courage, and integrity
- Effectively connect with all your varied team members
- Make congruent presentations that influence your audience

To find out if you qualify, fill out an application today.  
**Your voice counts!**